

Lesson Plan: One is a Lonely Number

Introduction

The Teacher or Presenter might say: Being alone can make you feel very scared. I'm sure you have probably heard someone tell you about how frightened they were at a time they were home alone on a stormy night. Can you imagine how scary it might be when you find yourself all alone but are surrounded by people you do not know! Let's take a look at a video that might give us tips on what to do in such a situation.

DVD Presentation

The Teacher or Presenter might say: Matt and Tad pointed out a few important tips for us to follow. How would you react in these situations?

- You fall down on the sidewalk and a stranger helps you up.
- You see a little child standing by himself crying.
- You see an older person sitting by herself on a chair in a store and she asks you to come over to her.
- You are at an amusement park and need to go to the bathroom.
- A child grabs your hand when you are lost.
- You are separated from your mom and you know she went to the parking lot.

Each situation is one in which you must use good judgment based upon the Stranger Safety Awareness skills we have been learning. Being safe means you are alert to your surroundings and know what to do! Keep your head up and LOOK for someone who works wherever you are. Look for a security guard. Do NOT let anyone touch you or try to grab you.

Homework

Review the Stranger Safety Awareness tips presented in the video at home.

Summary

Being safe means you know how to trust the people you are with. Trust depends on your awareness of the situation and if you know the people you are with. Remember, even though you are surrounded by people in a store, most of them are strangers. Speak up and find a person who works at the store, look for an identification tag and tell them you are lost. They will have a way of letting your parent or guardian know where you are. NEVER go anywhere with someone who comes up to you and offers to help. You do not know them and TRUST has not been created between you and them.